

Joint Chairmen's Report

Work plan for Developing the Report on Addressing Childhood Obesity

According to the Centers for Disease Control and Prevention, childhood obesity is associated with immediate and long-term negative physical and mental health consequences that can put a child at immediate risk for "bone and joint problems, sleep apnea, and social and psychological problems such as stigmatization and poor self-esteem."¹ Preventing childhood diabetes can stave off negative long-term health effects such as heart disease, type 2 diabetes, and stroke.

Although the rate of childhood obesity has been increasing in recent decades nation-wide, Maryland has seen a decrease in the prevalence of obesity in children.² Additionally, data from the 2013 Maryland Youth Risk Behavior Survey saw a decline in the percentage of overweight or obese youth (27.4% in 2011 and 25.8% in 2013).³

While the above indicate positive changes are occurring, the overall rate of childhood obesity remains high. As a result, State agencies have developed and implemented initiatives that address the issue of childhood obesity and encourage healthier lifestyles through proper nutrition and physical fitness.

The attached work plan details the steps the Governor's Office for Children will use to respond to the Joint Chairmen's Report (2015, page 111) request that the "Governor's Office for Children should work with member agencies of the Children's Cabinet, community stakeholders, and outside experts to evaluate State-level initiatives to address child obesity and teen diabetes."

The workgroup will also review the initiatives currently in place to educate children and youth on healthy eating for further actions that State agencies can take to educate children and youth on healthy eating, and reduce child obesity and teen diabetes.

¹ <http://www.cdc.gov/healthyschools/obesity/facts.htm>

² Morbidity and Mortality Weekly Report, Vital Signs: Obesity Among Low-Income, Preschool-Aged Children — United States, 2008–2011, August 9, 2013 / 62(31);629-634

³ 2013 Maryland Youth Risk Behavior Survey, Department of Health and Mental Hygiene. The percentage is calculated using the self-reported height and weight of middle and high school students responding to the 2013 Survey. <http://phpa.dhmh.maryland.gov/OIDPCS/CSTIP/CSTIPDocuments/MD-YRBS-Report.pdf>

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	Goal & Sub Tasks	Collaboration Needs	Resource Needs	Date Due or Frequency	Progress Made
1.	<p>Goal Create time-limited workgroup to respond to Joint Chairmen’s Report request.</p> <p>Sub-tasks</p> <ul style="list-style-type: none"> • Develop workgroup participant list • Determine State agency staff participation • Send invitations • Create timeline • Discuss workgroup responsibilities 	<p>Meet with staff from the Department of Health and Mental Hygiene’s Center for Chronic Disease Prevention and Control to discuss key stakeholders/community partners interested on childhood obesity, teen diabetes issue.</p> <p>Send inquiry to agency leadership to determine agency staff participation:</p> <ul style="list-style-type: none"> • Department of Health and Mental Hygiene • MD State Department of Education • Department of Human Resources <p>During first workgroup meeting, discuss the purpose of report, responsibility of each workgroup member, and makeup of workgroup.</p> <p>Invite any public comments for consideration by the workgroup.</p>	<p>Discuss Joint Chairmen’s Report request at Children’s Cabinet Implementation Team meeting:</p> <ul style="list-style-type: none"> • Requirements • Timeline • Agency participation <p>Set up recurring meetings with workgroup members January to March to address Goals 2, 3 and 4.</p>	<p>December, 2015</p> <p>First workgroup meeting: January 20, 2016</p>	<p>Met with staff from Center for Chronic Disease Prevention and Control – received list of potential workgroup participants.</p> <p>Sent inquiry to State agencies requesting staff participation.</p> <p>Developed timeline for report development.</p>

	Goal & Sub Tasks	Collaboration Needs	Resource Needs	Date Due or Frequency	Progress Made
2.	<p>Goal Evaluate Maryland’s State-level initiatives to address child obesity and teen diabetes.</p> <p>Sub-tasks</p> <ul style="list-style-type: none"> • Compile information on current Maryland State-level initiatives <ul style="list-style-type: none"> • Childhood obesity • Diabetes • Determine workgroup methods for review of current initiatives 	Each workgroup member will share information on current initiatives aimed at addressing the two issue areas.	Set up recurring meetings with workgroup members January to March to address Goals 2, 3 and 4.	Meeting dates: January 20, 2016 February 2, 2016	
3.	<p>Goal Review initiatives targeted at educating children and youth on healthy eating.</p> <p>Sub-tasks</p> <ul style="list-style-type: none"> • Compile information on current initiatives. • Determine workgroup methods for review of current initiatives aimed at educating children and youth on healthy eating. 	Each workgroup member will share information on current initiatives aimed at educating children and youth on healthy eating.	Set up recurring meetings with workgroup members January to March to address Goals 2, 3 and 4.	Meeting date: February 17, 2016	
4.	Goal	Each workgroup member will contribute	Set up recurring meetings	Meeting dates:	

	Goal & Sub Tasks	Collaboration Needs	Resource Needs	Date Due or Frequency	Progress Made
	<p>Identify possible further actions that the State could undertake to educate children and youth on healthy eating, and reduce child obesity and teen diabetes.</p> <p>Sub-tasks</p> <ul style="list-style-type: none"> • Determine needs/gaps in Maryland State-level initiatives. • Examine relevant examples of state-level initiatives in other states. 	<p>time to the development of recommendations.</p> <p>Each workgroup member will participate in the research of relevant state-level initiatives in other states.</p>	<p>with workgroup members January to March to address Goals 2, 3 and 4.</p>	<p>March 2, 2016</p> <p>March 16, 2016</p>	
5.	<p>Goal Develop Response to Joint Chairmen’s Report.</p> <p>Sub-tasks</p> <ul style="list-style-type: none"> • Compile information from Goals 2, 3, and 4 • Develop draft report • Request feedback of draft report from workgroup members • Final revisions/edits to report • Review by Department of 	<p>Each workgroup member will play an active role in the development of the draft report, providing feedback as needed.</p> <p>State agency staff will share the draft report with agency leadership as appropriate.</p>	<p>Timely feedback from workgroup members to inform the development of the response to Joint Chairmen’s Report request.</p>	<p>March 17, 2016 to May 2, 2016 (see attached timeline for exact dates)</p>	

	Goal & Sub Tasks	Collaboration Needs	Resource Needs	Date Due or Frequency	Progress Made
	Budget and Management/Governor's Legislative Office <ul style="list-style-type: none"> • Submission of Report 				

**Joint Chairmen’s Report
2015 Session
Report on Addressing Childhood Obesity
Timeline**

Date	Action	Staff
December 2015	Send invitations to State agencies, community stakeholders	Governor’s Office for Children
January 20, 2016 Workgroup Meeting	Discussion: <ul style="list-style-type: none"> • Purpose of report • Makeup of workgroup • Available data <ul style="list-style-type: none"> ○ Childhood obesity ○ Diabetes • Invite public comment 	Workgroup members
February 2, 2016 Workgroup Meeting	Discussion: <ul style="list-style-type: none"> • Agency/community initiatives <ul style="list-style-type: none"> ○ Childhood obesity ○ Diabetes • Invite public comment 	Workgroup members
February 17, 2016 Workgroup Meeting	Discussion:	Workgroup members
March 2, 2016 Workgroup Meeting	Discussion: <ul style="list-style-type: none"> • Possible Recommendations 	Workgroup members
March 16, 2016 Workgroup Meeting	Discussion: <ul style="list-style-type: none"> • Possible Recommendations 	Workgroup members
March 17, 2016	Draft of report started	Workgroup members/Governor’s Office for Children
April 4, 2016	Report shared with workgroup	Governor’s Office for Children
April 11, 2016	Feedback due	Workgroup members
April 12 – 17, 2016	Report Review/Edit	Governor’s Office for Children
April 18, 2016	10 Day Department of Budget and Management/Governor’s Legislative Office Review	Department of Budget and Management/Governor’s Legislative Office
May 2, 2016	Report Submission	



State of Maryland Executive Department

Larry Hogan
Governor

Boyd K. Rutherford
Lieutenant Governor

Arlene F. Lee
Executive Director

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Participants List**

Individuals from the following State agencies and community stakeholders will be invited to participate in the workgroup:

- Department of Human Resources
- Department of Health and Mental Hygiene
- Maryland State Department of Education
- Institute for a Healthiest Maryland
- Sugar Free Kids
- University of Maryland School of Public Health
- Maryland Chapter, American Academy of Pediatrics
- Howard County Health Department

The public will be invited to provide comments for consideration by the workgroup members.