



The Maryland State Medical Society

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FEBRUARY IS TEEN DATING VIOLENCE AWARENESS MONTH

BALTIMORE, February 19, 2015 — More than 1 in 10 teens who have been on a date have also been physically abused by a boyfriend or girlfriend in the last year. Teen Dating Violence Awareness Month is a national effort to raise awareness and protect teens from violence. MedChi, The Maryland State Medical Society, wants to use this month to raise awareness about teen dating violence and take action toward a solution.

Dr. Tyler Cymet, MedChi President, states “teens are inexperienced with dating and don't know what to expect. Teens will often blame themselves for any kind of violence. Encourage your teen to choose good relationships”.

Take steps to make a difference:

- Start talking to your kids about healthy relationships early – before they start dating.
- Get involved with efforts to prevent dating violence at your teen's school.
- Call the National Dating Abuse Helpline at 1-866-331-9474 or text “loveis” to 77054, if you are worried about your teen.

You can help keep your loved ones safe and healthy.

About MedChi

MedChi, The Maryland State Medical Society, is a non-profit membership association of Maryland physicians. It is the largest physician organization in Maryland. The mission of MedChi is to serve as Maryland's foremost advocate and resource for physicians, their patients and the public health of Maryland. For more information, please visit www.medchi.org.