Maryland law\(^1\) requires the Maryland Health Care Commission (MHCC) to work with State-regulated payers (payers), pharmacy benefit managers (PBMs), and providers to attain benchmarks for standardizing and automating the preauthorization of medical and pharmacy services through a phased approach. Phase 1 requires payers and PBMs to include on their website lists of medical and pharmaceutical services requiring preauthorization and key criteria for making a determination on a preauthorization request on or before October 1, 2012. Payers and PBMs were required to report to the MHCC on their attainment of the Phase 1 benchmark and include links to their online listings. Below is a list of payers and PBMs including links to their webpage(s) that contain the Phase 1 benchmark information.

**Payers**

1. Aetna, Inc.
   - Medical services
   - Pharmacy services
2. CareFirst BlueCross BlueShield
   - Medical services
   - Pharmacy services
3. CIGNA Healthcare Mid-Atlantic Region
   - Medical and pharmacy services
4. Coventry Health Care of Delaware, Inc.
   - Medical services
   - Pharmacy services
5. UnitedHealthcare
   - Medical and drug services
   - Pharmacy services

**PBMs**

1. CVS Caremark
2. Envision Pharmaceutical Services, Inc.
3. Express Scripts, Inc.

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\(^1\) Health-General Article §§19-101 and 19-108.2