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OCTOBER IS NATIONAL BREAST CANCER AWARENESS MONTH

BALTIMORE, October 11, 2013 — This October, MedChi, The Maryland State Medical Society is proud to participate in National Breast Cancer Awareness Month. This is a great chance to raise awareness about the importance of screening and the early detection of breast cancer.

About 1 in 8 women born today in the United States will get breast cancer at some point during her life. After skin cancer, breast cancer is the most common kind of cancer in women.

We can use this opportunity to spread the word about important steps women can take to stay healthy. Here are just a few ideas:

- Ask doctors and nurses to speak to women about the importance of getting screened for breast cancer.
- Encourage women age 40 and older to talk with their doctors about when to start getting mammograms.
- Talk with women ages 50 to 74 in your community about getting mammograms every 2 years.

Dr. Russell Wright, New President of MedChi, states "We can all use this month to raise awareness about this very important issue. Remind friends and family members that both men and women are susceptible to breast cancer and urge the importance of getting regular checks."

About MedChi

MedChi, The Maryland State Medical Society, is a non-profit membership association of Maryland physicians. It is the largest physician organization in Maryland. The mission of MedChi is to serve as Maryland's foremost advocate and resource for physicians, their patients and the public health of Maryland. For more information, please visit www.medchi.org.