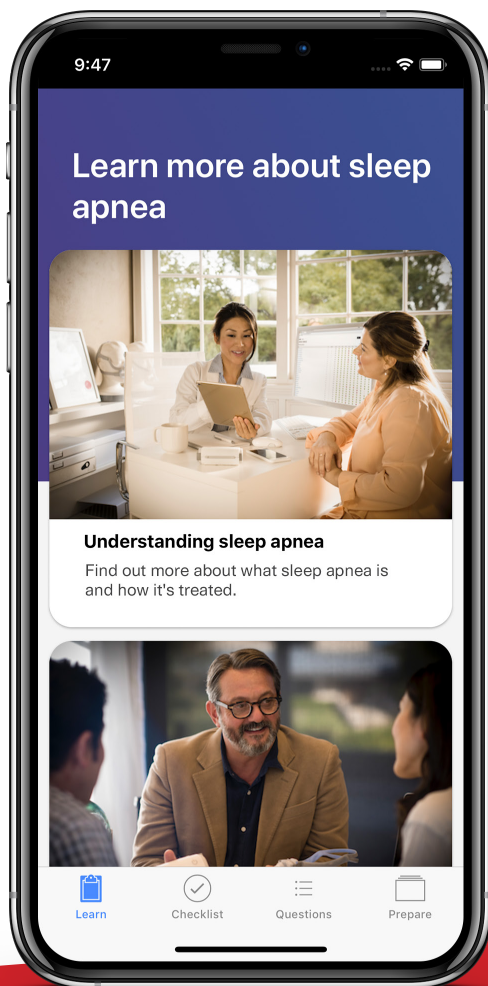**ResMed**

Hello**Sleep**™

Help patients follow through with CPAP

There's research showing patients can forget up to 80% of medical information provided by healthcare practitioners.[1] So it's important to ensure newly diagnosed sleep apnea patients have easy access to educational info once they leave your office. That's why we created the HelloSleep™ app – to help them navigate the pathway from diagnosis through successful therapy setup.

9:47

Learn more about sleep apnea

Understanding sleep apnea
Find out more about what sleep apnea is and how it's treated.

Learn | Checklist | Questions | Prepare

HelloSleep helps patients understand what's next

LEARN
Patients can learn about sleep apnea, what to expect on therapy and watch stories from real CPAP users.

CHECKLIST
They'll get tips on how to prepare for a CPAP equipment appointment.

QUESTIONS
The app helps them understand which questions to ask during their CPAP setup.

PREPARE
HelloSleep also provides pointers on how to get off to the right start with CPAP therapy.

Your patients can find the HelloSleep app in the App Store, or download the "How to Start CPAP therapy: The complete guide" eBook at ResMed.com/HelloSleepGuide

Download on the App Store

1 Kessels Roy P. PhD, "Patients' memory for medical information," J R Soc Med (May 2003) 96: 219.

A new approach to mask selection

Distinct categories for every patient preference

An easier way to help patients choose the right mask

Helping your patients choose the right mask at setup is one of the most important parts of CPAP therapy success. ResMed mask categories make it easy to understand key benefits, and can serve as a conversation starter between you and your patients. Every ResMed mask is designed to deliver effective therapy and a comfortable night's sleep, but each category offers something a little different.

Minimalist category	Freedom category	Ultra Soft category	Universal Fit category
Small. Light. Simple.	Sleep in any position.	Patented memory foam offers unique comfort.	Classic designs that fit nearly every face.

For many patients, their primary driver for mask choice is simple: less mask on their face. This category features masks that are small, lightweight and easy to use. Minimal facial coverage is also appealing to anyone who's claustrophobic.

This category features masks with a top-of-head connection, which keeps the system's tubing out of sight and out of the way. These masks help active sleepers comfortably move around at night and sleep in whichever position they choose, including on their stomach.

Mask discomfort is the number one reason CPAP users fall off therapy[1] and the Ultra Soft category is designed to change that. With its patented memory foam cushion, AirTouch™ F20 delivers a unique level of comfort and softness.

With a fit range of 97% for AirFit™ F20[2-4] and 99% for AirFit N20[5], you can always reach for these masks with confidence. They're also designed to perform across a wide range of therapy pressures.

AirFit™ N30   AirFit™ F30   AirFit™ P10

AirFit™ F30i   AirFit™ N30i   AirFit™ P30i

AirTouch™ F20

AirFit™ F20   AirFit™ N20

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Contact your ResMed sales rep to learn more.

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