MEDCHI, THE MARYLAND STATE MEDICAL SOCIETY
HOUSE OF DELEGATES

Resolution 6-13

INTRODUCED BY: Montgomery County Medical Society

SUBJECT: Public Education Regarding Health Issues Associated with Sugary Beverages

Whereas, we want children in Maryland to grow up healthy; and
Whereas, 30% of children in Maryland are obese or overweight; and
Whereas, obese children will later suffer from higher rates of costly and life threatening diseases; and
Whereas, sugary drinks are the largest source of added sugar in a child’s diet and have been linked with higher rates of childhood obesity, diabetes, high blood pressure and stroke; and
Whereas, buying healthier drinks for home use can improve family life by helping children to eat better, sleep better, be more alert in class, crave fewer sweet foods, get fewer cavities, and even lose extra weight; and
Whereas, providing better beverage choices is a simple change that will greatly improve the health of Maryland children and their families, therefore be it

Resolved, that MedChi, The Maryland State Medical Society, support efforts to educate the public about health issues associated with sugary beverages.

As adopted by the House of Delegates at its April 27, 2013 meeting.