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## NOVEMBER IS LUNG CANCER AWARENESS MONTH

MedChi secures Proclamation for the State of Maryland

BALTIMORE, November 26, 2024 – As we near the end of Lung Cancer Awareness Month, MedChi is driving critical awareness about lung cancer. This is especially important ahead of the upcoming holidays which can cause added stress leading people to turn to tobacco products. In hopes of spreading this awareness, MedChi helped secure a Proclamation for the State of Maryland signed by Governor Wes Moore to officially recognize November as Lung Cancer Awareness Month.

"According to the CDC, lung cancer is the leading cause of cancer death among both men and women in the United States." said Gene Ransom, MedChi CEO. "Despite it being the leading cause of cancer deaths, there has been incredible progress in helping to cure it. The survival rate has increased by 44% in the past decade, and awareness is growing. But we need to do more to save lives."

It is also important to recognize the possible symptoms of lung cancer. These symptoms can range from chest pain or discomfort, a cough that doesn't go away or gets worse over time, coughing up blood, trouble breathing, loss of appetite, and weight loss for no known reason to name a few. If you experience these symptoms go to a healthcare provider as quickly as possible.

Despite its overwhelming presence there are steps that can be taken to help reduce one's risk of lung cancer. Smoking tobacco products is the primary cause of lung cancer, so quitting or not starting to begin with is the best way to reduce your risk for lung cancer. It is also best to avoid secondhand smoke as it also increases someone's chances of developing lung cancer.

## About MedChi

MedChi, The Maryland State Medical Society is a non-profit membership association of Maryland physicians. It is the largest physician organization in Maryland. The mission of MedChi is to serve as Maryland's foremost advocate and resource for physicians, their patients and the public health of Maryland. For more information, please visit www.medchi.org.