

# FORGING THE PATH TO PHYSICIAN WELLNESS

**MedChi**  
*The Maryland State Medical Society*

Center for a  
**Healthy Maryland**



## **BREAKING THE SILENCE**

MedChi Past President Brooke Buckley, MD, (left) is a champion for breaking the silence, addressing the root causes of physician stress, and finding joy in medicine. Dr. Buckley shares presentations, articles, interviews, and editorials that go beyond the buzzword of “burnout” to explore the core issues of physician wellness, mindfulness, emotional intelligence, and the humanity of medicine. MedChi is proud to provide a platform for Dr. Buckley’s leadership through our events and publications.

## **PHYSICIAN HEALTH**

The Maryland Physician Health Program is a private, confidential, non-disciplinary program that provides clinical care for physicians and allied health professionals. Administered by MedChi’s foundation, the Center for a Healthy Maryland, this HIPAA-compliant program provides assessment, monitoring, referral, and support services for physicians impaired by:

- Substance Misuse/Abuse
- Alcohol Abuse
- Anger Management
- Boundary Issues
- Depression, anxiety, or mood instability
- Physical or cognitive impairments
- Behavioral Issues
- Stress

## **PHYSICIAN REHABILITATION**

The Maryland Physician Rehabilitation Program for physicians, physician assistants, and allied health providers licensed by the Maryland Board of Physicians has been established at the direction of the Maryland Legislature for professionals who are in need of treatment and rehabilitation for alcoholism, chemical dependency, or other physical or psychological conditions, and who have been referred by the Board for services. The Program is designed to facilitate access to treatment and rehabilitation services. It offers information, evaluation, and referral for treatment. Staff is also available to provide or arrange presentations on topics related to substance abuse and mental health.



*“Much of MedChi’s legislative advocacy priorities are driven by efforts to reduce physician stress by easing administrative burdens such as prior authorization.”*

*-Sarah Merritt, MD,*

*Co-Chair, MedChi’s Legislative Council*

**MedChi is Maryland’s foremost advocate and resource for physicians, patients, and the public health.**

### **FOR EMPLOYED PHYSICIANS**

Model Employment Contract

Compensation Survey

Online CME Presentations on Physician Employment

### **FOR PRIVATE PRACTICE PHYSICIANS**

Practice Support Services

Complimentary Practice Assessment

No-obligation Insurance Review from the MedChi Insurance Agency

### **FOR ALL PHYSICIANS**

Maryland Physician Health Program

Legislative and Regulatory Advocacy

Continuing Medical Education

Public Health Advocacy & Resources

**[www.medchi.org](http://www.medchi.org)**

