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Developing electronic health record (EHR) strategies related to health center patients' social determinants of health

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Abstract

Background—These ‘Social determinants of health’ (SDH) are non-clinical factors that profoundly impact health. Helping community health centers (CHCs) document patients’ SDH data in electronic health records (EHRs) could yield substantial health benefits, but little has been reported about CHCs’ development of EHR-based tools for SDH data collection and presentation.

Methods—We worked with 27 diverse CHC stakeholders to develop strategies for optimizing SDH data collection and presentation in their EHR, and approaches to integrating SDH data collection and use (*e.g.*, through referrals to community resources) into CHC workflows.

Results—We iteratively developed a set of EHR-based SDH data collection, summary, and referral tools for CHCs. We describe considerations that arose during the tool development process, and present a number of preliminary lessons learned.

Discussion—Standardizing SDH data collection and presentation in EHRs could lead to improved patient and population health outcomes in CHCs and other care settings. We know of no previous reports on processes used to develop EHR-based SDH data tools. This paper provides an example of one such process.

Conclusion—Lessons from our process may be useful to healthcare organizations interested in using EHRs to collect and act on SDH data. Research is needed to empirically test the generalizability of these lessons.

Background

Numerous health outcomes are influenced by the social and physical characteristics of patients’ lives. These ‘social determinants of health’ (SDH) can affect health via diverse

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mechanisms (e.g., chronic stress; hampering patients' ability to follow care recommendations).¹ This impact is so great that addressing SDH may improve health as much as addressing patients' medical needs.²⁻²¹

The Institute of Medicine (IOM) recommended that 10 patient-reported SDH domains (and one neighborhood / community-level domain) be documented in electronic health records (EHR); Table 1.^{22,23} These domains were selected based on: evidence of their health impacts; their potential clinical usefulness and actionability; and the availability of valid measures. Some of these domains are already regularly collected by federally funded clinics (e.g., race/ethnicity); others are not (e.g., social isolation, financial resource strain). The Centers for Medicare & Medicaid Services (CMS) intended that the IOM's report inform Stage 3 Meaningful Use EHR incentive program requirements. Related to this, the Medicare Access & CHIP Reauthorization Act of 2015 and CMS' 2016 Quality Strategy both emphasize care providers identifying and intervening on SDH-related needs, and the Health Resources and Services Administration and the Office of the National Coordinator for Health Information Technology have both indicated that SDH data collection should continue to expand as part of Federally Qualified Health Center reporting, and may become required for EHR certification.²⁴⁻²⁹

Systematically documenting patients' SDH data in EHRs could help care teams incorporate this information into patient care, e.g., by facilitating referrals to community resources to address identified needs. This could be especially useful in 'safety net' community health centers (CHCs), whose patients have higher health risks than the general US population.^{23,30-39} Many CHCs already try to address patients' SDH, but their approaches to doing so have historically been manual and ad-hoc.⁴⁰⁻⁴⁴

EHRs present an opportunity to standardize the collection, presentation, and integration of SDH data in CHCs' clinical records.⁴⁵ Towards that end, a national coalition of CHC-serving organizations created the 'Protocol for Responding to and Assessing Patient Assets, Risks, and Experiences' (PRAPARE), which included a preliminary SDH data collection tool informed by the IOM's Phase 1 report.⁴⁵ PRAPARE includes most of the IOM-recommended domains, and a few additional questions specific to CHC populations. Building on PRAPARE and the IOM recommendations, our study team asked CHC stakeholders' opinions on how to *optimize* SDH data *collection, documentation and presentation* in CHCs' EHRs, and on how they would like to use EHR tools to *act on* identified SDH-related needs, e.g., by making referrals to community resources. This paper describes our process, and its results. As we know of no previously published reports on processes used to develop EHR-based SDH data collection, summary, and referral tools, we present this paper as an example that may be informative to others.

Methods

This work was conducted at OCHIN, a non-profit community-based organization that centrally hosts and manages an Epic© EHR for >440 primary care CHCs in 19 states; it is the nation's largest CHC network on a single EHR system. OCHIN member CHCs' patients' socioeconomic risks are clear from SDH data that are already collected: 23% are uninsured

and 58% are publicly insured, 25% are non-white, 33% of Hispanic ethnicity, 28% primarily non-English speakers, and 91% from households <200% of the Federal Poverty Level (among patients with available data).

The processes described here constituted the first phase of a pilot study (R18DK105463) designed to develop EHR-based tools that CHCs could use to systematically identify and act on their patients' SDH-related needs. We call these the 'SDH Data Tools.'

With the goal of creating SDH-related workflows that parallel clinical referral processes, we began with the assumption that there are *five key steps* in addressing patients' SDH needs: 1. Collecting SDH data; 2. Reviewing patients' SDH-related needs; 3. Identifying referral options to address those needs; 4. Ordering referrals to appropriate services; and 5. Tracking outcomes of past referrals. This assumption was based on team members' knowledge of the CHC workflows used to refer patients to specialty medical care.

We also considered the following factors:

- CHCs are federally required to collect certain SDH measures from the IOM list, including race / ethnicity, tobacco / alcohol use, and depression. Our SDH data tools had to incorporate these data, without requiring duplicate data entry.
- CHCs have varying staffing structures, resources, and workflows. To accommodate this, SDH data tools should be accessible to various team members (*e.g.*, front desk, MAs, Community Health Workers, Behavioral Health staff).
- SDH tools should use existing EHR-based functionalities, to facilitate their adoption. The options that we initially considered to address each of these five steps are shown in Table 2.
- Many CHCs already identify / address SDH needs using ad-hoc methods. Some may already have mechanisms for tracking local resources, such as a 3-ring binder or files on a shared drive; some use online resources (*e.g.*, United Way 2-1-1, local department of human services, etc.). We sought to incorporate existing resources into our SDH referral tools.

We recruited three OCHIN CHCs in Oregon and Washington as pilot sites and project partners. We also engaged OCHIN's Clinical Operations Review Committee (CORC) – a group of CHC clinicians who collectively review proposed changes to their shared EHR – in all process steps. We also conferred with leaders from PRAPARE, Kaiser Permanente (KP), Epic©, and other national SDH experts; see Acknowledgments. These stakeholders were asked to discuss *three overarching questions*:

1. *Which SDH domains should be included?* The CORC reviewed the IOM-recommended SDH domains and wording for each domain, additional questions or alternate wording from PRAPARE and KP's SDH screening tools, and other domains currently collected in OCHIN's EHR that were not in the IOM / PRAPARE recommendations. Based on these options, they chose which patient-reported SDH measures to include and the specific wording for each included domain. Geocoded domains were not considered, as the CORC felt they were not

readily actionable. The pilot CHCs were present at most of the SDH-related CORC meetings.

2. *How do care teams want to collect, review, and act on data on patients' SDH needs within the EHR?* We asked CORC members whether and how their clinics monitor patients' SDH, and what the SDH-related EHR tools should include. We presented options for how the SDH data *could* be collected and summarized using existing EHR structures, and considered how existing tools aligned with the five key steps described above. We then mocked-up a set of SDH data EHR tools and proposed workflows for using them. We presented the mock-ups and draft training materials to the CORC over multiple meetings, and to each of the pilot CHCs at staff meetings. We asked diverse CHC staff for critical feedback on the draft tools, suggestions for and potential barriers to collecting / acting on SDH data using the tools, and how best to train CHC staff in their use. Our team's Epic programmer attended these meetings to provide real-time input about the technical feasibility of any suggestions. The SDH data tools were revised based on the feedback received, and consideration of the pilot CHCs' various workflows and staff structures. The revised tools were presented to the CORC (in person) and the study sites (via webinar) to verify that the revisions addressed requested changes.

This review and refinement process aligns with best practices for technology development,⁴⁶ *e.g.*, user participation and prototyping.⁴⁷⁻⁵⁴ Evidence shows that for technology to be used effectively and as intended, end users must find it easy to use, and must perceive that the technology will improve efficiency.⁵⁵⁻⁵⁷ Therefore, we sought end user input to increase the probability that the tools would be used.⁴⁶ The EHR tools were then built in OCHIN's testing environment, an off-line, internal 'copy' of the EHR, and tested by an OCHIN quality assurance analyst.

3. *How can care teams ensure that patients receive up-to-date referrals?* The CHCs hoped to avoid referring patients to local resources that were not currently accepting new clients (service agencies sometimes close enrollment due to demand), or that had limitations about who could be assisted (*e.g.*, some services are not open to persons with past felonies). We discussed the options and approaches for identifying resources described above. We also conferred with colleagues at KP who were considering similar choices, and spoke with representatives from organizations that create databases of community resource information (*e.g.*, United Way 2-1-1, Health Leads and Purple Binder) to understand those options. The three pilot clinics then identified 3-5 prioritized SDH domains for which they wanted a list of community resources; based on these preferences, we provided lists of local resources for housing, food, transportation, social isolation, and intimate partner violence.

Participants

Participants from our study clinics consisted of: primary care providers (N=3), medical assistants (N=5), clinic managers (N=3), community health workers (N=4), behavioral

health staff (N=2), nurses (N=5), referral specialists (N=3), EHR specialists (N=3), and medical directors (N=2).

Timeline

The development process took ten months. Five one-hour meetings with the CORC were held over the course of six months, to reach consensus on which SDH domains to include and tool functionality. The pilot sites were then given six weeks to test the tools for functional errors.

Results

Which SDH measures?

Our stakeholders asked that the SDH tools include all of the patient-reported IOM-recommended domains, made minor adaptations to the wording on some of these domains, and added a few questions (Tables 1, 3). For example, the IOM's single question on financial resource strain asks "How hard is it for you to pay for the very basics like food, housing, heating, medical care, and medications? (Not hard at all, Somewhat hard, Very hard)." Because CHCs treat low-income patients, many of whom were likely to screen positive for financial hardship, the CHC stakeholders wanted to augment this broad question with more granular questions about specific areas of strain (*e.g.*, food, utilities, transportation, etc.). The hope was that this granularity would identify the specific areas in which assistance was needed. The stakeholders also preferred to not use the IOM-recommended screening tool for intimate partner violence, considering its questions too sensitive for general SDH screening. They opted for a broader question about exposure to violence, from KP's SDH questionnaire. They also opted to add two questions on social isolation from KP's questionnaire (*e.g.*, "How often do you feel lonely or isolated from those around you?"; "Do you have someone you could call if you needed help?"), along with the IOM-recommended questions on social isolation. They also added a question on preferred learning style (*e.g.*, reading, listening, pictures).

Collecting SDH data

Stakeholder feedback, and our understanding that CHC workflows vary, indicated the need to enable SDH data collection by different care team members. As EHR security measures limit which staff can access aspects of the EHR (for example, front desk staff often cannot access the problem list), we created several options for SDH data entry:

- SDH 'documentation flowsheets' accessible to front desk staff at check-in, rooming staff, or community health workers; Figure 1.
- Paper versions of the SDH questions, in English or Spanish, that can be printed out and handed to the patient to complete at check-in or rooming, were provided on OCHIN's member wiki site. These data would have to be hand-entered by CHC staff into one of the EHR flowsheets described above.
- A questionnaire on the patient portal, so patients who had an online portal account could be emailed and asked to enter the data online before a visit. The

EHR's panel management tool can identify patients with pending visits, enabling bulk secure messages to these patients. Within the portal, patients can choose navigational instructions in Spanish, but the screening questions are only available in English.

Considerations discussed in this process were as follows.

- Making an electronic tablet available in the clinics' waiting rooms or exam rooms, on which patients could complete their SDH screening. Two of the pilot CHCs decided it would be too complex to manage, *e.g.*, who would be the tablet's 'keeper,' where it would be stored, and how to identify which patients should use it.
- Creating a setting in the exam room computer where patients could sign up for a patient portal account, then complete the SDH data through the portal immediately. In the end, this proved unfeasible because the patient must be sent the questionnaire after they sign up for the portal, necessitating an impractical multi-step workflow.
- Clinicians did not want to collect SDH data themselves, preferring to transfer that responsibility to another team member. Two of the pilot sites opted to use the paper forms for data collection, then have a staff person enter the data into the EHR. This approach creates potential workflow barriers to use of the SDH tools, since until the responses are manually transferred into the chart, the data will not be available to care team members to act on during the encounter.
- All options for reminding the team to conduct SDH screening were considered inadequate. Clinics said that Best Practice Advisories (BPAs, aka alerts) are largely ignored. They preferred Health Maintenance Advisories (HMAs), which are closely integrated into clinic workflows. However, HMAs must be standardized across all clinics using a shared EHR; since a universal HMA was not possible, HMAs were not a feasible option.
- Similar to other screening questionnaires administered in clinical settings, clinics asked that the patient-facing data collection form not include a 'refused to answer' option. The staff-entered methods did include this option.

Reviewing data on patients' SDH needs

SDH data might be collected via multiple routes, and certain SDH data are already collected regularly by most CHCs. Thus, there was a need for an EHR-based summary with all of a patient's SDH data. We created an SDH data summary that is automatically populated with data from any of the SDH data entry options, and from SDH-related data elsewhere in the EHR. The 'SDH Summary' also shows any SDH-related ICD-10 codes from the patient's problem list, and any past SDH referrals if associated with an SDH-related ICD-10 code (more in "Tracking past referrals," below). 'Positive screens' for SDH needs are visually highlighted. The algorithm used to identify 'positive screens' is in Table 4. This summary could be accessed in two ways:

- An SDH Summary Tab that can be accessed in an open Office Visit or Patient Outreach encounter. The most recent SDH data for the patient is displayed, and date of data collection and referral are shown; Figure 2.
- A view in the EHR's 'Synopsis' window that can be accessed in a closed chart or open encounter. It displays a patient's SDH questionnaire responses over time, in text and graphically; Figure 3.

For technical reasons, it was not feasible to show problem list data or referrals in the Synopsis version of the SDH Summary. Thus, each Summary had information that the other lacked; *i.e.*, one had past referral information but only the most recent SDH data for a given patient; the other did not have past referrals but did present patients' SDH history, rather than just their most recent SDH data.

Identifying referral options

The pilot CHCs already had lists of SDH-related local resources in binders or shared drives. These were not updated systematically, but rather only when someone on the team received new information and thought to update the list. The options for how CHC teams could do this systematically, using EHR-based tools, are shown in Table 2. All of them would be accessed via a hyperlink on the 'SDH Summary.'

The preference list option was selected for several reasons. Creating linkages to an external agency's website was cost-prohibitive, and required organizational contracts; thus, the study clinics might learn to rely on something that would incur costs, post-study. Furthermore, some searches on these websites yielded results that were not location-specific but rather gave statewide or nationwide data. The wiki options were rejected because users would have to leave the EHR system to access them, and the study sites were concerned about how to ensure that these documents were updated. The preference lists, however, used the same EHR function that the CHCs used for other referrals; involved discrete data fields, creating trackable data; and built on the CHC teams' local knowledge. One concern about the preference lists was that they must be kept up to date manually. However, the study CHCs currently designate a staff member to update other preference lists (*e.g.*, for ordering laboratory tests), and the same person could be responsible for updating the SDH lists.

We helped the study clinics create 'starter' preference lists for the SDH areas they prioritized; Figure 4. The resources listed in each were populated with data from each clinic's current method for keeping such information, then augmented by web searches and reviewed by staff. The lists include names and contact information of relevant services / agencies, and information such as 'women and children only' and hours of operation, when available.

Ordering referrals

The SDH referrals preference lists can be used to: make internal referrals (*e.g.*, to the community health worker); have clinic staff facilitate external referrals (*e.g.*, calling the agency to schedule an appointment for the patient); or share agency information with the patient at the encounter or in the After Visit Summary, to follow up on their own. To make

these easier to use, we created a new referral priority option of ‘no follow-up needed,’ which, if selected, informed CHC staff that they were not required to follow up on SDH referrals as they would for others. We also created a new referral type – ‘Community Referral, Non-Medical’ – so that SDH referrals would be excluded from related care quality measures. Another consideration here is that only certain care team members are authorized to make referrals of any kind; thus, support staff may need to be trained and authorized to use these tools.

Tracking past referrals

As described above, the ‘SDH Summary’ accessed through the Summary Tab (Figure 3) is automatically populated with information on past SDH-related referrals, to enable CHC teams to track them. Referrals appear in the SDH Summary if tied to a relevant ICD-10 code and / or if the SDH referral preference list was used. Presented data included date of referral, contact information about the community resource, status of the referral, and who ordered it. Care team members authorized to edit referrals can manually update the referral status.

Lessons learned

Lessons learned here may inform future efforts to build EHR tools for collecting and acting on SDH data. Since these lessons come from a pilot study conducted in three CHCs, we present them for consideration, not as a set of directions for SDH data tool development.

Considerations for which SDH questions to include

- Consider striking a balance between standardized SDH data collection (*i.e.*, aligned with the IOM-recommended measures) and the need to adapt to meet local needs, especially given that SDH data collection may become required for EHR certification and UDS reporting.

Considerations for designing SDH data collection tools

- Patients may decline to answer SDH questions. Consider having SDH tools include a ‘Patient refused to answer’ option. Consider the advisability of including a ‘decline to answer’ option on patient-facing data collection tools, which might make it too easy for patients to decline.
- Ensure that EHR-based SDH data tools do not require duplicate entry of SDH data collected elsewhere in workflows.
- Patients with a positive SDH screening result may not want assistance in addressing the identified need. Consider creating EHR-based SDH data tools that include response options to indicate this preference, or to otherwise note that help was offered and declined.

Considerations for designing SDH data summary tools

- Carefully consider which SDH data sources should populate the SDH data summary, and how to manage potentially conflicting data.

Considerations for designing SDH referral tracking tools

- Monitoring the outcomes of past SDH-related referrals is challenging, often requiring outreach calls to patients. Consider whether this ability is desired.
- ICD-10 codes related to SDH needs enable tracking of such needs, but may add to the problem list's complexity. Consider creating an SDH 'box' within the problem list.

Considerations for maintaining up-to-date SDH referral tools

- SDH referral tools rely on updated lists of local resources. Consider whether established processes for maintaining other referral lists can be applied to SDH tools. Consider partnering with organizations that maintain such lists.

Considerations for SDH-related workflows

- EHR-based SDH data tools need to accommodate diverse staffing structures, resources, and workflows. Consider ensuring that the appropriate care team members are authorized to access all aspects of the tools.
- To avoid overwhelming clinic staff and care teams with SDH-related work, consider limiting SDH screening to a subset of patients, and ensuring that EHR-based SDH data tools enable targeting this subset. Consider creating an alert to identify overdue patients.
- To avoid overwhelming care teams, consider designing the EHR tools so that SDH-related referrals can be marked 'no follow-up needed.'
- Consider using electronic tablets⁵⁸⁻⁶⁰ to enable SDH screening at registration or rooming, with workflows for using and tracking them. Clinics will need wireless internet to enable tablets transmitting SDH data to the EHR.
- To use patient portals for SDH data collection, consider developing workflows for helping patients create portal accounts at registration, then entering their SDH data through the portal on the spot. Tablets may be useful here as well.

Discussion

Standardized SDH data collection and presentation using EHR tools could facilitate diverse pathways to improved patient and population health outcomes, in CHCs and other care settings. It could provide important contextual information to care teams, facilitate referrals to local resources, inform clinical decision-making,⁶¹ enable targeted outreach efforts, and support care coordination with community resources.^{22,61,62} (We focused on how SDH data could be used to facilitate referring patients to local resources; research is needed on how else SDH data could inform clinical decisions). Such standardization will also provide data needed to document the SDH needs of CHC communities, inform policy and public health initiatives to improve health, and evaluate how addressing SDH risks affects health.

To attain these potential benefits, healthcare organizations need guidance on how to facilitate systematic SDH screening in primary care settings using EHR-based tools.⁶³⁻⁶⁵ Little such

guidance currently exists; we know of no previous published reports on processes used to develop EHR-based SDH data collection, summary, and referral tools. This paper is meant to present an example of a process through which stakeholder input informed the development of a preliminary set of SDH-focused EHR tools. While the results and lessons learned from our process may be useful to other organizations undertaking such efforts, they are preliminary and based on opinions from a relatively small group of stakeholders, health informaticists, and health services researchers. Extensive research is needed to empirically test the generalizability of these lessons.

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The screenshot shows the 'Screenings - Screenings' window in EPIC. At the top, it indicates 'Time taken: 1448' and the date '6/9/2016'. The window is organized into several sections:

- Values By:** A dropdown menu set to 'OTHER'.
- Select combo screenings:** A list of screening combinations, including 'PHQ-SIRT-CRAFT Combo' and 'Social Determinants of Health'.
- Select screenings:** A grid of individual screening tests such as 'Asthma Control Test', 'AUDIT', 'DAST', 'Edinburgh', 'Functional Status', 'GAD-7', 'MCHAT-R', 'Medicare HRA', 'Mood Disorder Questionnaire', 'PHQ-9', 'STADI Fall Risk Assessment', 'TB Risk Assessment', 'Vanderbilt Scores', and 'Vitals'.
- Education and Learning:** Questions about learning preferences (Reading, Listening, Pictures) and the highest level of school completed (Less than a high school diploma, High school diploma / GED, More than high school, I choose not to answer this question).
- Financial Resource Strain:** A question about the difficulty of paying for basics like food, housing, heating, medical care, and medications, with options: Not hard at all, Somewhat hard, Very hard.
- Housing:** Questions about sleeping in a shelter, concerns about housing conditions, and the number of moves in the last 12 months. It includes a 'Housing Insecurity Score' field and a note: '2 or more moves flagged for follow up.' and 'Number of positive responses to housing questions.'
- Food Security:** Three questions about food availability and affordability, each with a 4-point scale: 2=Often true, 1=Sometimes true, 0=Never true, Don't know or Refused.

Figure 1.
SDH Flowsheet in EPIC

This Visit		
Sign Visit		
Visit Snapshot Social Determinants Last Visit with Me Care Plan (Medical)		
Current as of: Thu 6/9 2:48 PM. Click to refresh.		
Hard to pay for: Food	Yes	6/9/2016
Hard to pay for: Utilities	No	6/9/2016
Hard to pay for: Transportation	No	6/9/2016
Hard to pay for: Medicine or medical care	No	6/9/2016
Hard to pay for: Health insurance	Yes	6/9/2016
Hard to pay for: Clothing	No	6/9/2016
Hard to pay for: Rent/Mortgage payment	No	6/9/2016
Hard to pay for: Child care	No	6/9/2016
Hard to pay for: Phone	No	6/9/2016
Hard to pay for: Other	No	6/9/2016
Federal Poverty Level		
No account selected for this visit		
Housing Lack		
Housing		
	Latest Value Recorded	Date
Housing		
In the last month, have you slept outside, in a shelter, or in a place not meant for sleeping?	Yes	6/9/2016
In the last month, have you had concerns about the conditions and quality of your housing?	Yes	6/9/2016
In the last 12 months, how many times have you moved from one home to another?	5	6/9/2016
Housing Insecurity Score	3	6/9/2016
Food Insecurity		
USDA Household Food Security Module		
	Latest Value Recorded	Date
Food Security		
"(I/We) worried whether (my/our) food would run out before (I/we) got money to buy more." Was that often true, sometimes true, or never true for (you/your household) in the last 12 months?	Often true	6/9/2016
"The food that (I/we) bought just didn't last, and (I/we) didn't have money to get more." Was that often, sometimes, or never true for (you/your household) in the last 12 months?	Never true	6/9/2016
"(I/we) couldn't afford to eat balanced meals." Was that often, sometimes, or never true for (you/your household) in the last 12 months?	Don't know or Refused	6/9/2016
USDA 2Q Score	1	6/9/2016
Intimate Partner Violence		

Figure 2.
SDH Summary Tab

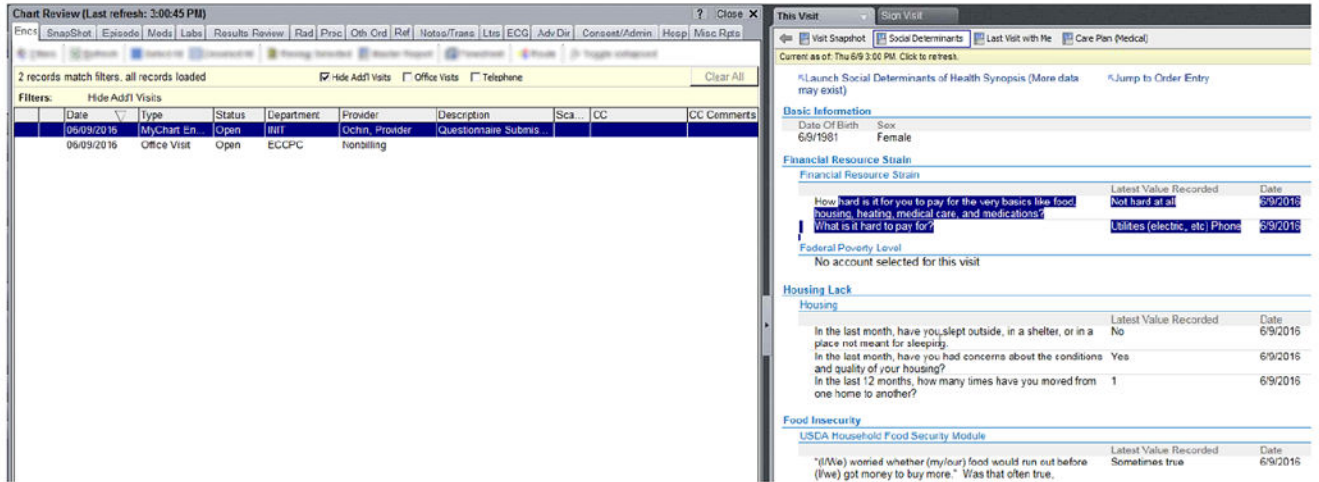


Figure 3.
SDH Summary in Synopsis

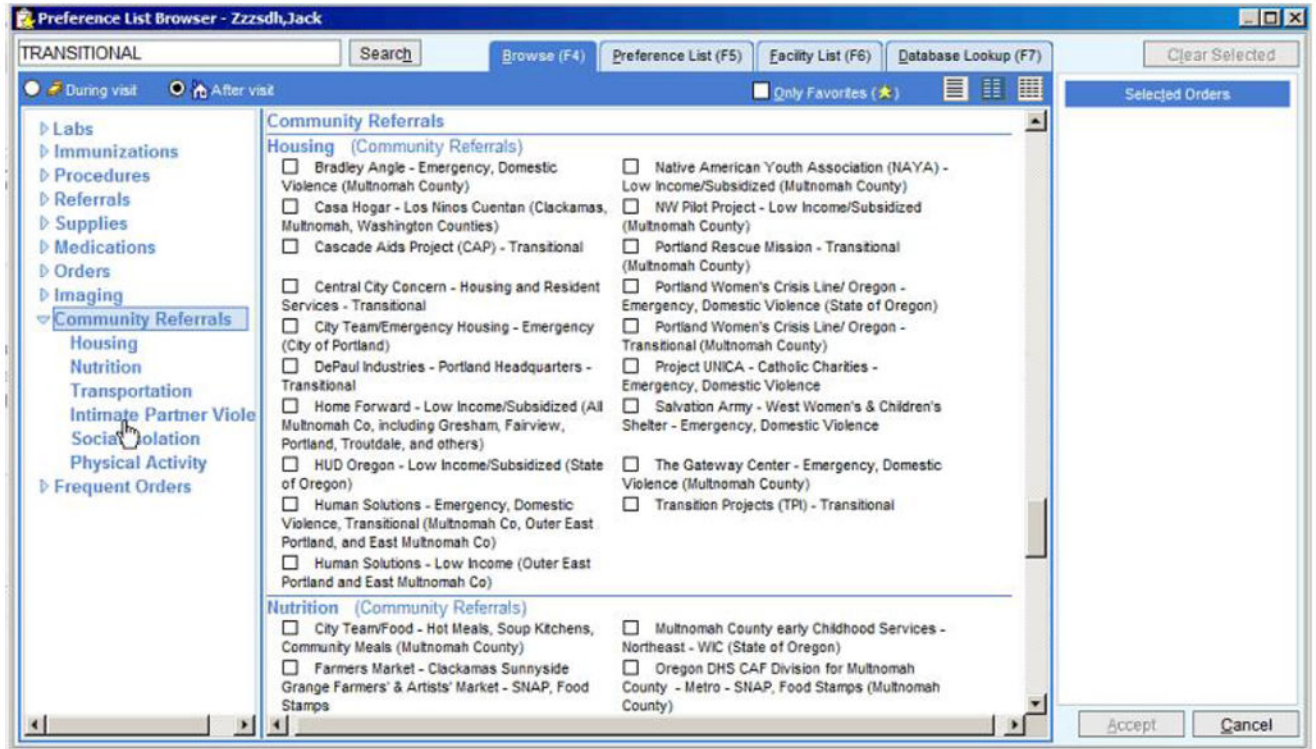


Figure 4.
SDH Preference Lists

Table 1

IOM Phase 2 Report

Summary of Candidate Domains for Inclusion in all EHRs

Race / ethnicity*
Education
Financial resource strain
Stress
Depression*
Physical activity
Nicotine use / exposure*
Alcohol use*
Social connections / social isolation
Exposure to violence: Intimate partner violence
Neighborhood characteristics (<i>e.g.</i> , census-tract median income)

* Already routinely captured in EHRs

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Table 2
Options considered for addressing each of the five steps involved in using SDH data in CHCs

Step	Options
1: Collecting SDH data	<ul style="list-style-type: none"> • <i>Flowsheet.</i> Groups of related data can be collected in a given EHR ‘flowsheet.’ Flowsheets are commonly used for collecting screening data, <i>e.g.</i>, depression screenings, so users might also be comfortable using them for SDH documentation
	<ul style="list-style-type: none"> • <i>Patient portal.</i> In the EHR patient portal, patients sign up for an account. This lets them access selected data from their medical record, and email their care teams. Questionnaires / surveys can also be sent, completed and returned by patients through the portal.
	<ul style="list-style-type: none"> • <i>Paper version.</i> Patient-reported data is often collected on paper print outs. These data must subsequently be entered into the EHR by a care team member.
2: Reviewing SDH needs, and 5: Tracking past referrals	<ul style="list-style-type: none"> • <i>Reports.</i> Summaries of selected patient data can be created in the EHR in the ‘Synopsis’ function, or in Patient-Level Reports.
	<ul style="list-style-type: none"> • <i>Rosters.</i> The EHR’s panel management tool lets users sort patient panel data for myriad purposes. Rosters / registries can be built so that updated data sets are easily reproduced; experienced users can create customized searches. Rosters can be used to identify patients with specific diseases / risks, for tasks such as targeted outreach or identifying the needs of scheduled patients (<i>i.e.</i>, chart ‘scrubbing’). They can be used to track referrals made over a given period, to support follow up by the care team.
	<ul style="list-style-type: none"> • <i>Alerts.</i> Two EHR-based alert / reminder functions are available. Best Practice Advisories (BPAs) identify needed care steps, drug allergies or other safety warnings, or other point-of-care needs. Health Maintenance (HM) alerts notify team members when a patient is due for preventive care; at OCHIN, these include recommendations with a United States Preventive Services Task Force A-B rating.⁶⁶
3: Identifying referral options, and 4: Ordering referrals	<ul style="list-style-type: none"> • <i>Preference lists.</i> Pre-set lists of specified kinds of orders can be built to expedite ordering procedures, medications, and referrals. They are maintained by a clinic staff member.
	<ul style="list-style-type: none"> • <i>Look-up tables</i> could be created with an initial set of local resources.
	<ul style="list-style-type: none"> • <i>Linkages to websites</i> that list community social services (<i>e.g.</i>, United Way 2-1-1, Purple Binder, Health Leads), in general or for a specific SDH need, within the patient’s ZIP code, could be built.
	<ul style="list-style-type: none"> • <i>Lists of search terms</i> could be created to enable effective internet searching for local resources (<i>e.g.</i>, Google), in a wiki-style document with pre-vetted search terms, and suggestions for how to use Google Maps to locate services.
	<ul style="list-style-type: none"> • <i>A wiki-style document</i> with lists of local resources familiar to CHC staff could be added to the EHR, and updated as needed.

Table 3

SDH domains and measures included in ASSESS tool and overlap with IOM-recommended domains and measures

SDH Domain	IOM-recommended measure / questions	Same in PRAPARE?	ASSESS question (if different from IOM)	Potential actions
Alcohol use ^{*^}	<p>AUDIT-C (3Q)</p> <p><i>How often do you have a drink containing alcohol?</i> (Never / Monthly or less / 2-4 times a month / 2-3 times a week / 4 or more times a week)</p> <p><i>How many standard drinks containing alcohol do you have on a typical day?</i> (1 or 2 / 3 or 4 / 5 or 6 / 7 to 9 / 10 or more)</p> <p><i>How often do you have four or more drinks on one occasion?</i> (Never / Less than monthly / Monthly / Weekly / Daily or almost daily)</p>	Not included.	<p>Already included in OCHIN EHR.</p> <p><i>How many (and what type of) drinks do you have per week?</i> (# Cans of beer / # Glasses of wine / # Shots of liquor / # Standard drinks or equivalent)</p>	Refer to addiction services
Race/ethnicity ^{*^}	<p>US Census (2Q)</p> <p><i>What is this person's race?</i> (White; Black, African American, or Negro; American Indian or Alaska Native ; Asian Indian / Chinese / Filipino / Japanese / Korean / Vietnamese / Other Asian / Native Hawaiian / Guamanian or Chamorro / Samoan / Other Pacific Islander / Some other race)</p> <p><i>Is this person of Hispanic, Latino, or Spanish Origin?</i> (No / Yes, Mexican, Mexican American, Chicano / Yes, Puerto Rican / Yes, Cuban / Yes, another Hispanic, Latino, or Spanish origin)</p>	<p><i>Which race(s) are you?</i> <i>Check all that apply.</i></p> <p>(American Indian or Alaskan Native / Asian / Black or African American / Native Hawaiian / Pacific Islander / White / Other)</p> <p><i>Are you Hispanic or Latino?</i> (Yes / No / Unreported or refused)</p>	<p>Already included in OCHIN EHR.</p> <p><i>Race:</i> (Alaskan Native / American Indian / Asian / Black / Native Hawaiian / Pacific Islander / Patient refused / Unknown / White)</p> <p><i>Ethnicity:</i> (Hispanic / Non-Hispanic / Patient refused / Unknown)</p>	
Tobacco use and exposure ^{*^}	<p>NHIS (2Q)</p> <p><i>Have you smoked at least 100 cigarettes in your entire life?</i> (Yes / No / Refused / Don't know)</p> <p><i>Do you NOW smoke cigarettes every day, some days or not at all?</i> (Every day / Some days / Not at all / Refused / Don't know)</p>	Not included.	<p>Already included in OCHIN EHR.</p> <p><i>Smoking status:</i> (Current every day smoker / Current some day smoker / Former smoker / Heavy tobacco smoker / Light tobacco smoker / Never assessed / Never smoker / Passive smoke exposure – never smoker / Smoker, current status unknown / Unknown if ever smoked)</p> <p><i>Smokeless tobacco:</i> (Current user / Former user / Never used / Unknown)</p>	Refer to quit services

SDH Domain	IOM-recommended measure / questions	Same in PRAPARE?	ASSESS question (if different from IOM)	Potential actions
Depression ^{**}	PHQ-2 (2Q) <i>Over the past 2 weeks, how often have you been bothered by any of the following problems:</i> <i>Little interest or pleasure in doing things</i> (Not at all / Several days / More than half the days / Nearly every day) <i>Feeling down, depressed or hopeless</i> (Not at all / Several days / More than half the days / Nearly every day)	Not included.	Already included in OCHIN EHR. Same as IOM.	Refer to mental health services
Education [*]	<i>What is the highest level and years of school completed?</i> (Elementary / High School / College / Graduate or Professional – check years completed) <i>What is the highest degree you earned?</i> (High school diploma / GED / Vocational certificate / Associate degree (occupational, technical, or vocation program) / Associate degree (academic program) / Bachelor's degree / Master's degree / Professional / Doctorate)	<i>What is the highest level of school that you have finished?</i> (Less than high school / High school diploma or GED / More than high school / I choose not to answer this question)	Adapted IOM wording to be aligned with PRAPARE and more relevant to safety net populations.	Identify patients needing more intensive care management, targeted forms of outreach, or for whom teams should consider “teach back” methods, tailored handouts, etc. Refer to education services (GED / skills training)
Exposure to violence: intimate partner violence [*]	HARK (4Q) <i>Within the past year, have you been:</i> <ul style="list-style-type: none">• humiliated or emotionally abused in other ways by your partner or ex-partner?• afraid of your partner or ex-partner?• raped or forced to have any kind of sexual activity with you partner or ex-partner?	<i>In the past year, have you been afraid of your partner or ex-partner?</i> (Yes / No) <i>Do you feel physically and emotionally safe where you currently live?</i> (Yes / No)	Per recommendations of our stakeholder group, we included a more general question on violence that is aligned with Kaiser Permanente's “Your Current Life Situation (YCLS) questionnaire. <i>Have you ever been physically or emotionally hurt or threatened by a spouse/partner or someone else you know?</i> (Yes / No)	Refer to IPV intervention services

SDH Domain	IOM-recommended measure / questions	Same in PRAPARE?	ASSESS question (if different from IOM)	Potential actions
	(Yes / No) <i>Within the last year, have you been kicked hit, slapped, or otherwise physically hurt by your partner or ex-partner?</i> (Yes / No)		In addition, the CORC opted to include the 4-item validated HITS (Hurt-Insult-Threaten-Scream) domestic violence screening tool ^{67,68} in the OCHIN EHR. This question will not be part of the SDH flowsheet, but positive responses will be pulled into the SDH summary and synopsis. <i>How often does your partner:</i> <ul style="list-style-type: none"> • Physically hurt you • Insult or talk down to you • Threaten you with harm • Scream or curse at you <i>(Never / Rarely / Sometimes / Fairly Often / Frequently)</i>	
Physical activity *	Exercise Vital Signs (2Q) <i>On average, how many days per week do you engage in moderate to strenuous exercise (like walking fast, running, jogging, dancing, swimming, biking, or other activities that cause a light or heavy sweat)? On average, how many minutes do you engage in exercise at this level?</i>	Not included.	Same as IOM.	Refer to local physical activity resources (e.g., YMCA; Parks and Recreation services)
Social connections & social isolation *	NHANES III <i>Are you married or living together with someone in a partnership?</i> (Married or domestic partner / Living with partner in committed relationship / In a serious or committed relationship, but not living together / Single / Separated / Divorced / Widowed) <i>In a typical week, how often do you:</i> <ul style="list-style-type: none"> • Talk with family, 	<i>How often do you see or talk to people that you care about and feel close to? (For example: talking to friends on the phone, visiting friends or family, going to church or club meetings)</i> (Less than once a week / 1 or 2 times a week / 3 to 5 times a week / more than 5 times a week / I choose not to answer this question)	Same as IOM. Plus, per the recommendation of our stakeholders, we added an additional response to the NHANES question on weekly social contacts to encompass alternative forms of communication. <i>In a typical week, how often do you:</i> <ul style="list-style-type: none"> • Use email, text messaging, or internet to communicate with family, friends, or neighbors? 	Refer to community resources / support groups / group activities / volunteer services Provide more intensive case management; develop an emergency action plan

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SDH Domain	IOM-recommended measure / questions	Same in PRAPARE?	ASSESS question (if different from IOM)	Potential actions
	<p>friends, or neighbors by phone?</p> <ul style="list-style-type: none"> Get together with family, friends, or neighbors? <p>(Never / Once a week / 2 days week / 3-5 days week / Nearly every day)</p> <p><i>How often do you:</i></p> <ul style="list-style-type: none"> Attend church or religious services Attend meetings of the clubs or organizations you belong to? <p>(Never / Once a year / 2-3 times a year / 4 or more times a year / At least once a week)</p>		<p>Our stakeholders also recommended including two more general questions on social isolation that are part of the Kaiser Permanente YCLS questionnaire.</p> <p><i>How often do you feel lonely or isolated from those around you? (Never / Rarely / Sometimes / Often / Always)</i></p> <p><i>Do you have someone you could call if you needed help?*</i> (Yes / No)</p> <p>* Modified from item in PROMIS Item Bank v. 1.0 – Emotional Distress - Anger – Short Form 1 – and AARP overall loneliness item from AARP survey about loneliness in older adults; Original PROMIS item written in 1st person; loneliness added to reduce literacy level.</p>	
Stress*	<p><i>Stress means a situation in which a person feels tense, restless, nervous, or unable to sleep at night because his/her mind is troubled all the time. Do you feel this kind of stress these days?</i> (Not at all / A little bit / Somewhat / Quite a bit / Very much)</p>	<p><i>Stress is when someone feels tense, nervous, anxious, or can't sleep at night because their mind is troubled. How stressed are you?</i> (Not at all / A little bit / Somewhat / Quite a bit / Very much / I choose not to answer this question)</p>	<p>We used the PRAPARE version of the question due to difficulties obtaining copyright.</p>	<p>Refer to stress management programs Advise closer monitoring of BP, cholesterol</p>
Financial resource strain*	<p><i>How hard is it for you to pay for the very basics like food, housing, heating, medical care, and medications?</i> (Not hard at all / Somewhat hard / Very hard)^{69,7067,6866,67}</p>	<p><i>In the past year, have you or any family members you live with been unable to get any of the following when it was really needed? Check all that apply</i> (Food / Transportation / Clothing / Child care / Utilities / Medicine or medical care / Rent or mortgage / Phone / Health insurance /</p>	<p>Same as IOM, plus an additional follow-up question if they answered somewhat hard or very hard that is used in the Kaiser Permanente YCLS.</p> <p><i>What is it hard to pay for?</i> (Food / Utilities Food, Utilities, Transportation, Medicine or Medical Care, Health Insurance, Clothing, Rent/Mortgage Payment, Child Care, Phone)</p>	<p>Assess food / housing insecurity; refer to relevant social and legal services.</p>

SDH Domain	IOM-recommended measure / questions	Same in PRAPARE?	ASSESS question (if different from IOM)	Potential actions
		Other / I choose not to answer this question)		
Housing	Not included in the final list of IOM-recommended domains.	<i>What is your housing situation today?</i> (I have housing / I do not have housing (staying with others, in a hotel, on the street, in a shelter) / I choose not to answer this question)	<p><i>In the last month, have you slept outside, in a shelter, or in a place not meant for sleeping?</i>⁷¹ (Yes / No)</p> <p><i>In the last month, have you had concerns about the conditions and quality of your housing?</i> (Yes / No)</p> <p><i>In the last 12 months, how many times have you moved from one home to another?</i></p>	
Food	Not included in the final list of IOM-recommended domains.	Not included.	<p>USDA Household Food Security Survey Module</p> <p><i>Which of the following describes the amount of food your household has to eat (Enough of the kinds of food we want to eat / Enough but not always the kinds of food we want / Sometimes not enough to eat / Often not enough to eat / Don't know or Refused)</i></p> <p><i>Please tell me whether the statement was often true, sometimes true, or never true for (you/your household) in the last 12 months:</i></p> <p>(I/We) worried whether (my/our) food would run out before (I/we) got money to buy more.</p> <p>The food that (I/we) bought just didn't last, and (I/we) didn't have money to get more.</p> <p>(I/we) couldn't afford to eat balanced meals.</p>	
Sexual orientation and gender identity	Not included in the final list of IOM-recommended domains.	<p>Not included.</p> <p><i>Sexual orientation:</i></p> <p>Lesbian or Gay, Straight (not lesbian or gay), Bisexual, Something else,</p> <p>I don't know,</p> <p>Choose not to disclose,</p> <p>Other sexual orientation: comment for other</p> <p><i>Gender Identity:</i></p> <p>Female, Male, Transgender Female / Male to Female, Transgender Male - Female to Male, Other,</p>	This is a required UDS data element beginning in 2016 ^{72,73} and is slated for inclusion in MU-3 requirements.	

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SDH Domain	IOM-recommended measure / questions	Same in PRAPARE?	ASSESS question (if different from IOM)	Potential actions
		Choose not to disclose, Other Identity: comment for other <i>Preferred pronoun:</i> he / him, she / her, they / them, ze / zim, declines to answer, unknown		

* IOM-recommended domain

^ Already routinely collected in EHR

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Table 4
Algorithm for identifying positive SDH screens

Question #	Question & Response Options (from paper version or Flowsheet)	Responses that flags a positive screen
1.	<i>How do you learn best?</i> <input type="checkbox"/> Reading <input type="checkbox"/> Listening <input type="checkbox"/> Pictures	None
2.	<i>What is the highest level of school that you have finished?</i> <input type="checkbox"/> Less than a high school diploma <input type="checkbox"/> High school diploma / GED <input type="checkbox"/> More than high school	None
3.	<i>How hard is it for you to pay for the very basics like food, housing, heating, medical care, and medications?</i> <input type="checkbox"/> Not hard at all <input type="checkbox"/> Somewhat hard <input type="checkbox"/> Very hard	Somewhat hard or Very hard
	<i>If you answered "Somewhat hard" or "Very hard," what is it hard to pay for?</i> Food, Utilities, Transportation, Medicine or Medical Care, Health Insurance, Clothing, Rent/Mortgage Payment, Child Care, Phone	Yes to any of these
4a.	<i>In the last month: Have you slept outside, in a shelter, or in a place not meant for sleeping?</i> <input type="checkbox"/> Yes <input type="checkbox"/> No	Yes
4b.	<i>In the last month: Have you had concerns about the conditions and quality of your housing?</i> <input type="checkbox"/> Yes <input type="checkbox"/> No	Yes
5.	<i>In the last 12 months, how many times have you moved from one home to another? ____</i>	2 or more moves flagged for follow-up

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6a.	<i>In the last 12 months: (I/we) worried whether (my/our) food would run out before (I/we) got money to buy more.</i> <input type="checkbox"/> Often true <input type="checkbox"/> Sometimes true <input type="checkbox"/> Never true	Often true or Sometimes true
6b.	<i>In the last 12 months: The food that (I/we) bought just didn't last, and (I/we) didn't have money to get more.</i> <input type="checkbox"/> Often true <input type="checkbox"/> Sometimes true <input type="checkbox"/> Never true	Often true or Sometimes true
6c.	<i>In the last 12 months: (I/we) couldn't afford to eat balanced meals.</i> <input type="checkbox"/> Often true <input type="checkbox"/> Sometimes true <input type="checkbox"/> Never true	Often true or Sometimes true
7.	<i>In the last 12 months: Have you ever been physically or emotionally hurt or threatened by a spouse/partner or someone else you know?</i> <input type="checkbox"/> Yes <input type="checkbox"/> No	Yes
8a.	<i>On average, how many: Days per week do you engage in moderate to strenuous exercise (like walking fast, running, jogging, dancing, swimming, biking, or other activities that cause a light or heavy sweat)? (0 – 7) _____</i>	Multiply days per week (8a) by number of minutes (8b); <150 flagged for follow-up
8b.	<i>On average, how many: Minutes do you exercise at this level? _____</i>	
9.	<i>Are you married or living together with someone in a partnership?</i> <input type="checkbox"/> Married or domestic partner <input type="checkbox"/> Living with partner in committed relationship <input type="checkbox"/> In a serious or committed relationship, but not living together <input type="checkbox"/> Single <input type="checkbox"/> Separated <input type="checkbox"/> Divorced <input type="checkbox"/> Widowed	Questions 9-11: Composite score based on the Berkman-Syme Social Network Index (SNI).

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10a.	<i>In a typical week, how often do you: Talk with family, friends, or neighbors by phone or video chat (e.g. Skype, Facetime)?</i> <input type="checkbox"/> Never <input type="checkbox"/> Once a week <input type="checkbox"/> 2 days a week <input type="checkbox"/> 3-5 days a week <input type="checkbox"/> Nearly every day	Question 9: 1 point for "Married or domestic partner," "Living with partner in committed relations," or "In a serious or committed relationship, but not living together" Question 10a-c: 1 point if they have a total of 3 or more contacts per week. Question 11a: 1 point for attending church or attending church or religious services "4 or more times a year," "At least once a month," or "At least once
10b.	<i>In a typical week, how often do you: Get together with family, friends, or neighbors?</i> <input type="checkbox"/> Never <input type="checkbox"/> Once a week <input type="checkbox"/> 2 days a week <input type="checkbox"/> 3-5 days a week <input type="checkbox"/> Nearly every day	
10c.	<i>In a typical week, how often do you: Use email, text messaging, or internet (e.g. Facebook) to communicate with family, friends, or neighbors?</i> <input type="checkbox"/> Never <input type="checkbox"/> Once a week <input type="checkbox"/> 2 days a week <input type="checkbox"/> 3-5 days a week <input type="checkbox"/> Nearly every day	
11a.	<i>How often do you: Attend church or religious services?</i> <input type="checkbox"/> Never <input type="checkbox"/> Once a year <input type="checkbox"/> 2-3 times a year <input type="checkbox"/> 4 or more times a year <input type="checkbox"/> At least once a month <input type="checkbox"/> At least once a week	

11b.	Attend meetings of the clubs or organizations you belong to? <input type="checkbox"/> Never <input type="checkbox"/> Once a year <input type="checkbox"/> 2-3 times a year <input type="checkbox"/> 4 or more times a year <input type="checkbox"/> At least once a month <input type="checkbox"/> At least once a week	a week" Question 11b: 1 point if attends meetings "2-3 times a year," "4 or more times a year," "At least once a month" or "At least once a week") Maximum points = 4; High risk (flagged for follow-up) = 0-2
12.	How often do you feel lonely or isolated from those around you? <input type="checkbox"/> Never <input type="checkbox"/> Rarely <input type="checkbox"/> Sometimes <input type="checkbox"/> Often <input type="checkbox"/> Always	Often or Always
13.	Do you have someone you could call if you needed help? <input type="checkbox"/> Yes <input type="checkbox"/> No	No
14.	During the past month, how much stress would you say you experienced? <input type="checkbox"/> A lot of stress <input type="checkbox"/> A moderate amount of stress <input type="checkbox"/> Relatively little stress <input type="checkbox"/> Almost no stress at all	A lot of stress or A moderate amount of stress

SOCIAL DETERMINANTS OF HEALTH (SDH) Citations and Copyright Information June 1, 2016

¹ Developed by OCHIN's Clinical Operations Review Committee.

² Adapted from standard education questions to align with patient population of OCHIN membership.

³ Slight modification of IOM-recommended financial hardship item (medications added to list of examples) Puterman E, Haritatos J, Adler NE, Sidney S, Schwartz JE, Epel ES. 2013. Indirect effect of financial strain on daily cortisol output through daily negative to positive affect in the coronary artery risk Psychoneuroendocrinology 2013; 38:12. doi:10.1016/j.psyneuen.2013.07.016. Hall, MH., Matthews KA, Kravitz HM, Gold EB, et al. 2009. Race and financial strain are independent correlates of sleep in midlife women: The SWAN Sleep Study. *Sleep* 32(1):73-82. Follow-up question, "What is it hard to pay for?" was added to get more granularity and enable care team to identify needed interventions. This follow-up question was adapted from a Kaiser Permanente SDH questionnaire, with permission.

⁴⁻⁵ Housing questions from Health Begins Upstream Risk Screening Tool (<http://www.healthbegins.org/>).

⁶ US Department of Agriculture 18-item Household Food Security Survey (HFSS).

⁷ Adapted from a Kaiser Permanente SDH questionnaire, with permission.

⁸ Exercise Vital Sign – Question 1 & 2. Sallis RE. Developing health care systems to support exercise: exercise as the fifth vital sign. *Br J Sports Med.* 2011;45:473-4. Epic already has copyright permission.

⁹⁻¹¹ Third National Health and Nutrition Examination Survey (NHANES III). Epic already has copyright permission to use this question. Scoring is based on the Berkman-Syme Social Network Index (SNI). Pantell M, Rehkopf D, Jutte D, Syme SL, Balmes J, Adler N. Social isolation: A predictor of mortality comparable to traditional clinical risk factors. *American Journal of Public Health* 2013; 103(11):2056-62. Item 10c was created as a parallel to items 10a and 10b to capture social connection via newer electronic modes that weren't available when Berkman-Syme SNI was created. Frequency categories for 10-11 slightly modified from original. Kaiser is also using this approach in their screening tool. Epic already has copyright permission to use this question.

¹²Modified from item in PROMIS Item Bank v. 1.0 – Emotional Distress - Anger - Short Form 1 – and AARP overall loneliness item from AARP survey about loneliness in older adults; Original PROMIS item written in 1st person; loneliness added to reduce literacy level.

¹³Your Current Life Situation Questionnaire, Kaiser Permanente.

¹⁴1998 Adult Prevention Module of the National Health Interview Survey.

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