

Questions You Could Ask at Your Next Medical Appointment

Be prepared for your next medical appointment.

Below is a list of questions that you can take with you whether you are getting a checkup, talking about a problem or health condition, getting a prescription or discussing a medical test or surgery.

Whatever the reason for your visit, it is important to be prepared, it is always helpful to write questions down ahead of time so you don't forget what you'd like to ask your physician.

1. What is the test/procedure for and who will be doing my test/procedure? What are their qualifications?
2. How many times have you/they performed the test or procedure?
3. Why do I need this treatment and are there any alternatives?
4. What are the possible complications?
5. When will I get the results?
6. Which hospital is best for my needs?
7. How do you spell the name of that drug?
8. Are there any side effects to the drug, and how will this medicine interact with medicines that I'm already taking?
9. What if I do nothing?
10. Can you advise me on a diet and exercise plan? What aspects of my lifestyle should I modify?