



The Maryland State Medical Society

News: For Immediate Release

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AUGUST IS NATIONAL IMMUNIZATION AWARENESS MONTH

BALTIMORE, August 13, 2013 — We all need immunizations to help protect us from serious diseases. To help keep our community safe, MedChi is proudly participating in National Immunization Awareness Month.

Shots can prevent serious diseases like measles, diphtheria, and rubella. It's important to know which shots you need and when to get them.

Everyone age 6 months and older needs a seasonal flu shot every year. Other shots work best when they are given at certain ages. Talk to your doctor or nurse to make sure that everyone in the family gets the shots they need.

- If you have a child age 6 or younger, [find out which shots your child needs.](#)
- [Find out which shots you or your teenager needs.](#)
- All adults need a booster shot every 10 years to help protect against tetanus and diphtheria.

Dr. Brian Avin, President of MedChi, states “We can all use this month to raise awareness about vaccines and to evaluate whether or not we are up to date with our own vaccinations. Remind friends and family members that vaccines aren't just for kids and that they protect us from serious diseases.”

About MedChi

MedChi, The Maryland State Medical Society, is a non-profit membership association of Maryland physicians. It is the largest physician organization in Maryland. The mission of MedChi is to serve as Maryland's foremost advocate and resource for physicians, their patients and the public health of Maryland. For more information, please visit www.medchi.org.